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Friday  
**16th**  
December  
2022

**studioBQ**

StudioBQ organized a group exhibition of fresh graduates of the Department of Fine Art, Punjab University in collaboration with Rangrez Art Gallery, Lahore.

**Project Head & Curator**  
Dr. Wardah Naeem Bukhari

Abiha zaidi  
Amna ilyas  
Areej maqsood  
Atif qureshi  
Attiya Zahra  
Ayesha ayub  
Azeem essa  
Danyal awan  
Fatima naveed  
Faisal rehman  
Halima farooq  
Hassan khan  
Insbat amjad  
Kainat atta  
Laiba khan  
Malika batool  
Muaz ahmad  
Mudassar Ali Zeb  
Qamar mukhtar  
Qasim ali  
Qira khan  
Rida moien  
Rifa sadeed  
Sonia shahzadi  
Sana akhtar  
Tooba amir  
Zahra amin  
Zunera Shabir

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Project Head & Curator  
Dr. Wardah Naeem Bukhari

Special Thanks

Imran Kazmi  
Waseem Jatala



ABIHA ZAIDI

"Girls see enough of this body we can't imitate, That we will never be obtain These unrealistic expectations. It's better to look healthy and strong" Body shaming needs to stop. What do you gain by bringing down someone based on their looks? We are individuals are too hard on ourselves For most people, it is natural tendency to always be better, this craze for becoming better someone causes issues especially when it comes to our physical appearance. Body shaming doesn't only includes being too fat, sadly it also occurs for being too skinny. I am trying to show visual body shaming in a positive way. As you can see I made colorful models, because no one thinks positive about fatty girls. In that work, you can see flexibility, happiness and color of life that a fatty girl enjoy from childhood to grown up. The reason behind all these is this how much I feel positive and full of Life. "Your body is beautiful love yourself who you are not what people think."



AMNA ILYAS

My work captivates the eternal beauty of crystals which are formed after going through billions of years of transformation caused by the action of forces of nature. Due to their shiny surfaces, colours and light refraction qualities, these crystals get a lot of attention, and many may attain supernatural powers as well. My work depicts the resemblance with crystals, and through this we show the idea of real and fake. I have used crystals as a visual language to question beliefs related to power and beauty. On a formal level my struggle is to initiate the natural forms. But in essence it is about gaining command on the material I chose and by pushing my limits of observation and exertion as well. Our belief is what gives it power and beauty, taking over that belief and gaining control over is what gives us power. This is where the contrast of real and fake comes into play, believing in something (crystals) gives it control which is fake but believing in ourselves to push our limits is what reality is. In my work, I challenge the notions of the human mind about the superpowers that are attributed to crystals.





AREEJ MAQSOOD

The main subject of my thesis is Obscure that is I chooses because it took much time to me for my way to express my feelings. There are many things in the world that are still undiscovered or not known . But when it comes to a single person there are many places that a person dreamed about visiting once in their life. It's all about my love for nature . The main reason for creating this artwork is the peace and serenity. There are many places I dreamed to stay there but as I couldn't . So I started painted those. First it comes like nothingness but eventually it turns out to be some deep moments and places. No matter what the circumstances are just keep creating your own ways to get yourself mental peace, you have to keep working in every condition. It will help you to face your glitches and make you feel out of this world.



ATIF QURESHI

When we hear the word "still life" it makes an immediate image in our subconscious mind of an object which has no life. But for me it's fully different. From my perspective life exect in pretty much every single object until it is decomposed Its life that surrounds it. Its life that made its origin possible. Every inch of it possesses life that embraces it in the form of sunlight, warmth and air. All of which that surrounds the moving otherwise described as living the passage of time they begin leaving their freshness they begin dying after every single second. The major concept of my artwork is that Light, air, pollutants and dust particles do have an impact on the life of all things.





ATTIYA

The work is about natural human skin. I have always been captivated by it. Every mark, every curve, every fold of the human skin is an art itself. The influence of the present work deals with the standards that people set for themselves which make them insecure of their own natural appearance. This artwork goes past those standards and represents what is real rather than what is expected or set. This work depicts that what people may see as imperfections are actually what raw, beautiful and real skin looks like. It may influence to feel free and be confident in yourself.



AYESHA AYUB

Ayesha Ayub is a Lahore-based, Pakistani artist. She is trained as a sculptor and recently got graduated from Punjab University College of Art and Design, Lahore. Ayub's work revolves around her fantasy as she likes to live in her own world of imagination. Her imaginative world is also an escape, for her, from this real world. For isolating herself from people, Ayub developed a habit of baking from her childhood, and that's what she portrays in her work. Baking brings the pleasure and calmness to her and along with it comes the feelings of nostalgia. Through her work she also makes a comment on how people nowadays aren't ready to face the real challenges. As she thinks due to the perfect world of social media everyone in today's world is running away from the reality and just want to live in their fantasies and imaginative world, escaping all the harsh realities, of which she is also a part. For her work, Ayub chose soap to work with. Imported soap was used for this series and she also tried to manage to make these sculptures smell like actual sweets. She didn't only worked with the visual of sculpture but also with the fragrance.





AZEEM ESSA

The aim of my work is to give old books value. I'm painting old books. My purpose of painting old books is from the memories of my past. There were many marks on the cover of the book. Everything has a language. Even lifeless things have a language. Old book has a language of its own. The one who reads books has a world of his own. A cover is put on top of the book to protect it that cover thing becomes a part of the book. Buying and reading books and then putting a cover on it is also fun in its own right.



DANYAL AWAN

As long as the clock is there, longing is there. If I have time, I have to wait for that time to pass by. We are living in a continuous state of Wait, in a transitional area not too black not too white it's just grey. Indeed Philosophy of Wait is interrelated to time and specifically to the present moment, a moment which is as feeble as compared to nothing. Nothing could be as feeble as A present moment. We are in such a continuous loop hole that we are endlessly waiting in a fleeting moment. It's a paradox that Wait is Endless in a moment which is fleeting in nature.





FATIMA NAVEED

The artist opted to paint moments that were true to life. There are moments which change our perspectives. We, as human beings suffer due to certain incidents. For artist, suffering was a metamorphosis. This transition of feelings and lifestyle is being portrayed in her work. The artist chose to undertake her tragedies into her pragmatic work of art. Each of her images clearly embarks upon her emotional life and artist tried to explore her strengths within these sentimental experiences.



FAISSAL REHMAN

Self-doubt is a state of mind in which a person lacks confidence about his abilities. Misjudgment about oneself leads to low self-esteem and lack of faith in an individual. The idea or theme of my work revolves around misjudgment or doubts, that took place between our daily lives like in our relationships with friends, relatives, and even parents and siblings. It's a very common issue but no one notices at all. In my work I created an environment by using birds as a symbol that how they live a peaceful life without any concerns with other creatures. In my work, I attempted to draw a picture of how gossip and misjudgment destroy mental peace developing a self-deprecating state of mind. We destroy our own self by backbiting others and a big mistake we make is we put a question mark on people's character and then find answers. Doubt is the main killer ingredient for every relationship, many friendships, and it is the first step towards ending of every beautiful connection.





HALIMA FAROOQ

The fact of putting things that are not similar next to each other, a thing, fact, or appearance which is opposed to other mind set which is against the others rule and regulation called judgement. Through juxtaposition I show this never ending game. A hypercritical society is not productive and it kills the creativity in us.



HASSAN KHAN

The artist's work echoes the struggles of balancing being homeless, a tenant, and trying to find a place one can call home. The incomplete figure speaks volumes about how the hardships and barriers in a man's life have consumed him. Yet he is hopeful for the betterment and is vigilant and confident to face all future problems and issues. The medium of sculpture is carefully chosen to support the idea of human strength regardless of heaps of hardships and difficulties.





INSBAT AMJAD

Loss, sympathy, grief these are the words generally sum up our situation in term called inferno. When a beloved has gone, we feel more than helpless. This discomfort leads us to an extent of uncertainty. There is something I enjoy about emotions. The answer is –they never truly go away. “We don’t move on from grief we just move forward with it and it lives with us forever.” Through this series of work I proclaimed my inner most numb, yet burning state of emotion. I showed my true self through this medium. The loss of my parents challenged my intellect and ideologies towards human relations. My subject matter is portraiture, human figures and birds specifically vultures and ravens.



KAINAT ATTA

The inner self of a person is a wide and diverse area that can be expressed through visually appealing compositions of color, form, and design. By discussing one’s inner self, one can enter the world of metaphysics. “The perpetual suffering conundrum” is the subject I’m painting. This issue cannot be hidden behind a variety of masks, though it may occasionally be exposed for what it truly is. The fact that it affects us daily creates chaos like “an echo in silence.” The passage of time cannot regulate the much deeper-seated emotions. By portraying suffering in a hopeful and positive light, I may be accomplishing nothing more than kicking it to the curb. Since the term “life” as used in art implies all of existence, it is not to be denigrated, and the role of art is to respond to it rather than to avoid it.





LAIBA KHAN

Who am I? I don't know who am I to My family, who am I to my friends, who am I to other surroundings and who am I to myself. The main theme of my topic is that almost every one in our society holds more than one personalities, we can also call them introverts in other way. Fear of judgemental society makes our personalty confused, we feel ashamed to portray our inner self in front of society. There are also some people who don't feel so, but I think that number is too small. This confusion causes different factors that affect the human nature, some of them are, lack of decision power, lack of emotional expression, and lack or tolerance etc.



MALIKA BATOOL

My work revolves around human emotions. Our sentiments have made us its victims. On the outside of people's bodies, we touch them. We can't, however, access their interiors. and cannot expose our own affairs to them. We wear masks as people. But what lies beyond the mask? Or can just feeling blue make it possible for us to mask who we really are? We frequently feel the desire to say something to our partners, parents, or friends. Talk to each other about something, such as how we feel about a sunset. But being unable to share, there is a gap that we try to cover up by donning several charaters. Thus, the skin slowly but surely fades away, leaving nothing except regret in its place. Or Possibly a white mask that is devouring us from the inside out, which I call a blue feeling.





MUAZ AHMAD

This thesis is a representation of human life and the true meaning of human emotions and desires in every phase of life. With getting experiences from every episode we sometimes traumatize, sometimes commence missing, sometimes feel empty and that's how the procedure goes on. The artworks show the ages and episodes of life like one is talking about the continuity of existence. In life what phase we are going through we always feel some parts/desires/feelings/moments are missing and our whole life we endeavor to find and fine-tune all the missing components in us as explorations and experiences are never enough. The composition of the artist which manifests emotivity in figurative art gives an interpretation of art as poems or rants of a disenchanted soul. The thesis has mentioned numerous artworks of different artists who were true inspirations and worth getting inspired by.



MUDASSAR ALI ZEB

The main theme of my work is blend of Imagery and metaphor which result in giving symbolic meaning to our reminiscences. The meaning that we attach to common objects. This meaning can bring forth memories and generate emotions. These are reminiscences of our existence through the passage of time. They become the connecting links of the life we have passed and still have in our mortal frames and its continuation in assigned space and time. With the passage of, the maturity of years brings about change and sense of responsibility in us, but the symbolic meaning that is attached with these objects can help to anticipate the burdens which life impose on us.





**QAMAR MUKHTAR**

I belong to Abbottabad, I am a professional graphic designer too. I used digital printing at my job. When I joined the BFA Fine Arts I was very impressed with the work of Sir Arif Khan. I love the way he creates calligraphy art. I have started to explore and learn more about artists, who used to do calligraphy. I also like the work of sir Shahid Rana, I felt my work and style resembled with his work. He used digital calligraphy to create his visuals. The color scheme he uses is very impressive and the way he writes the words is amazing. His work inspired me to use both digital and traditional techniques of graphic arts to create my visuals. I created my calligraphy in Adobe Illustrator and Adobe Photoshop, then I used etching and aquatint techniques to create my visuals.



**QASIM ALI**

Rejection is never the end of anything; it could be the beginning of something even better than what you wished for or worked for. My work is about accepting rejection and finding positivity in the midst of adversity. Whenever I am rejected by someone or something, something good happens to me at the same time or shortly afterwards. Similar to PCB rejection and acceptance into an art university. So all you have to do is stay positive and look for a good path; it will come to you soon.





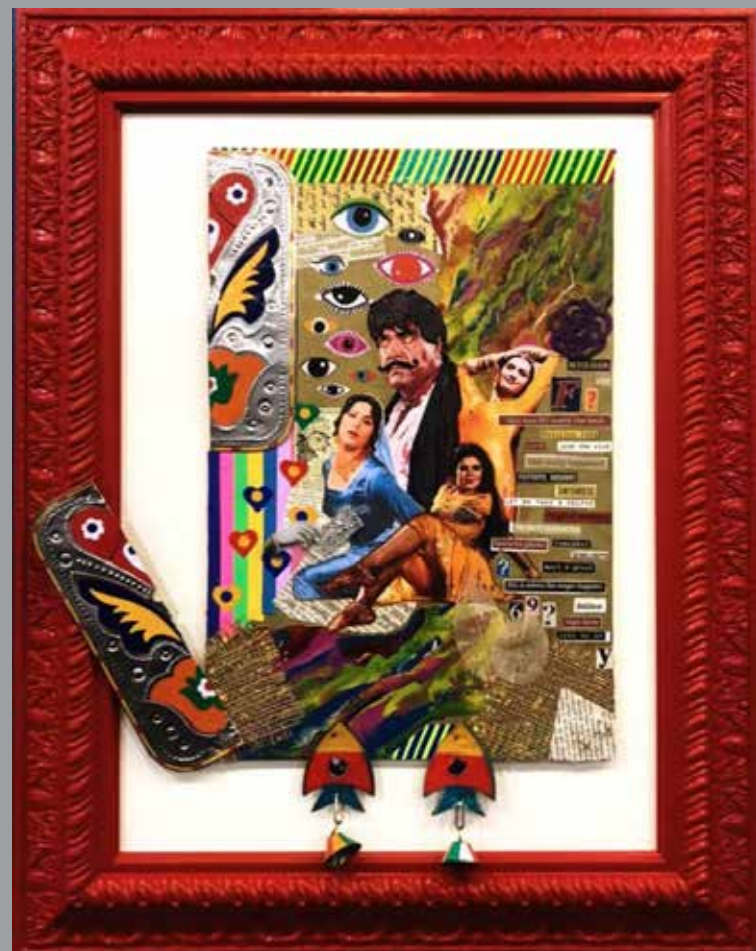
QIRA KHAN

Confabulation is the topic, the artist hopes to develop a personal style in her work that urges it's viewer to look close into seemingly ordinary compositions that carry with them plethora of possibilities. She enjoys leaving her work open to interpretation and hearing how different people interpret the artwork. Her work is based on imagination, creativity and inspiration from around her life.



RIDA MOIEN

The artist chose the topic of child imagination for her thesis. Movies, literature, plays serve as an inspiration for art. They influence the creativity of man and as a consequence we get masterpieces. The artist was deeply inspired by the movie Taare Zameen Par, which follows a dyslexic boy and a teacher who vows to make him find his inner talent - painting. Children often express their feelings through art while the adults tend to ignore it, in the same way this movie's protagonist displayed his inner conflict through his paintings. The artist was deeply moved by the portrayal of creativity being the bane of existence for many children. Paintings, random scribbles, doodles or simple drawings of children have a greater meaning that to what meets the eye. They may seem useless or even garbage to parents or others but they show how a child is exploring himself. The artist wishes to understand how special children convey their feelings of happiness, joy, sadness, agony, regret, guilt, anger, etc. The artists' whole project is to give meaning to children's drawings. Instead of throwing your child's messed up drawings you can convert it into jewellery and keep it alive and memorable. Children's art can be made into an accessory by the courtesy of the author's creativity. Its time we all value children's art.





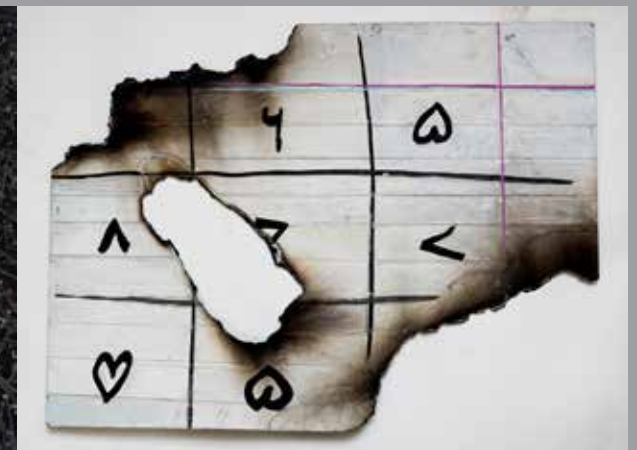
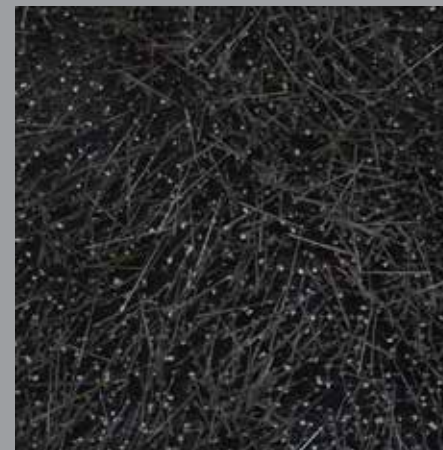
**RIFA SADEED**

Rifa Sadeed is a Lahore based practicing Artist. She is trained as a sculptor and recently got graduated from Punjab University College of Art and Design, Lhr Pakistan. As an artist my work elaborates the continuous struggle a human being goes through in his life span. The creation has been set to struggle on this planet for some purpose, the quest to find the purpose makes a human being capable of struggling for the meaning life has set for them. My work revolves around the subject of struggle and the transformation it bring in consequences of that struggle. For this purpose lead has been used as most suitable medium which describes its properties well with my topic.



**SONIA SHAHZADI**

Black magic, also known as Dark Magic, has traditionally referred to the use of supernatural powers or magic for evil and selfish purposes. or magic associated with the devil or other evil spirits. It is also some times referred to as the "left-hand path" (its right-hand path counterpart being Sonia benevolent white magic). In modern times, some find that the definition of black magic has been convoluted by people who define magic or ritualistic practices that they disapprove of as black magic.





SANA AKHTAR

The theme of this artwork is to recall and remember old ways and memories that how people use to communicate in older times, the emotions and feelings that are connected with the piece of paper. How watching something old gives us nostalgic feeling. The wait a person feels while living away from love ones, the patience the bear and excitement to feel while receiving any information from them, the love they feel while hearing their voice after waiting so long and the cruel rush and shortage of the time was being shown in my artwork. The purpose of the artist is to develop such artwork that serves strong connection between audience's former events in the life. The artist created an actual replica of her memory and install them in 3D and she presents some of her artwork in acrylic boxes to show the importance of old things and ways.



TOOBA AMIR

Inspiration is the state of being mentally aroused to bring about our desired results. I implmented my idea in the form of white stone sculptures. These cast paintings are of the most special people around me. We might experience and get inspired to come up with new ideas, find solutions to issues, or pursue goals during this inspirational period. But if inspiration isn't coming as frequent as it once did, you could feel trapped in a vicious cycle of irritation and self-doubt. You are not alone if you are experiencing this, even the most successful people struggle to pinpoint their source of inspiration.





**ZAHRA AMIN**

Born in 1999, Zahra Amin is a visual artist based in Lahore. She graduated from College of Art and Design, University of the Punjab in 2022. Her work revolves around the ordinary experiences of life, taking inspiration from local social and cultural milieu. She has exhibited her work in group shows nationally and internationally in Young Artist's Exhibition 2022 in Alhamra Art Gallery, Art for Humanity Exhibition (2022) with O Art Space Gallery (online), Art Exhibition in International Conference organized by the Embassy of the Republic of Uzbekistan to Pakistan (2022) and Peace and Prosperity exhibition in Baku, Azerbaijan (2022).



**ZUNER SHABBIR**

Memories always drive us toward ambitions and goals. The same force of attraction dragged me to work on Shahi Qila during my Bachelor of Fine Arts (BFA) undergraduate study. Shahi Qila, The Lahore Fort, is a treasure of history that tells us the stories of prodigious kings and their dynasties, a masterpiece of architectural engineering & design, a marvelous masterwork of arts, painting, and design. Unfortunately, the same is undergoing a continuous deterioration due to many factors like weathering and wars, but the most important factor is it's being ignored and overlooked deliberately. This particular thesis emphasizes preserving murals and images present in that architecture through printmaking techniques. This way the deuterating images could become part of our archives and will be present to inspire future progeny. My work on Shahi Qila was not only part of my study but also my childhood dream.



**Harmony in Diversity**

Orchestra is the group exhibition of 28 fresh graduates of fine arts department from Punjab University, College of Art and Design. It is not a new phenomenon to respond to non-musical objects with music. Music has long been an element of human civilization, serving to tell stories, teach history, and even imitate reality. However, music as a response to a painting or sculpture is somewhat distinct. How can one determine how a picture “sounds”? What aspect of a sculpture would you try to convey with sound? What color? The form? Consider whether hearing visual storytelling helps you think of the lines’ aggressiveness or curvature. Or, you can wait until the piece is performed at the event and visualize the sculpture’s form, color, or size while listening. The ability of music to convey concepts, narratives, and yes, even actual objects, may not always be demonstrated in a properly representative manner, but we nevertheless comprehend.

Orchestra is a metaphor for a collection of young visual artists utilizing diverse subject matter, styles, and materials. Their performance is reflected in their artworks. The work of these artists produces a lyrical visual language that may be felt and appreciated as a wonderful orchestra. The term originates from the Greek orchestra, the circular section of ancient Greek theatre where dancers and musicians performed. Traditionally, an orchestra is a collection of musicians who play a variety of musical instruments; similarly, these young visual artists create an orchestra by producing a variety of artworks with various compositions, subjects, and materials. This exhibition promises to be an exciting showcase of fresh talent, innovative ideas, and creative expression.

**Curatorial note by Dr. Wardah Naeem Bukhari**

